

Informed Consent

Please read the following statements about our *hCG Weight-Loss System*. Be sure to sign your name at the bottom of this sheet. Your signature acknowledges that you understand all the information provided to you and that you are in agreement with the foregoing requirements to participate in the program.

hCG is naturally produced in the body and is viewed to be a very safe medication to be used mainly for fertility, hypogonadism and other hormone issues. hCG is usually at extremely high levels in women during pregnancy without bad or negative effects. The amount suggested by different books for weight loss represents only a minute fraction of the amount in a pregnant woman. Many doctors believe that combinations of low-dose hCG and a very low calorie diet and proper exercise can help to rid body fat without losing muscle by rejuvenating the hypothalamus. hCG might also help to naturally reduce your appetite by mobilizing fat as an energy source. hCG is not known to interfere with any other medications and will rarely interfere with the woman's menstrual cycle.

The FDA has not approved the use of hCG for weight loss treatment, obesity therapy or determined that the use of hCG contributes to an individual's loss of body fat. The package insert that comes with the hCG medication states the following: ***"hCG has not been demonstrated to be effective adjunctive therapy in the treatment of obesity. There is no substantial evidence that it increases weight loss beyond that resulting from caloric restriction, that it causes a more attractive or "normal" distribution of fat or that it decreases the hunger and discomfort associated with calorie restricted diets."***

Use of hCG to treat obesity or for medical weight loss treatment is not an FDA approved use of this prescription drug. Dr. Walters may prescribe hCG for an unapproved medical purpose or off-label use of the drug because the use of this drug has not generally caused serious adverse side effects when administered to patients for its approved use in treating infertility. The FDA approved dose for infertility is 10,000 units which is 80 times higher than the dose of hCG used for weight loss (125 units). Allowing physicians professional discretion to prescribe hCG in treating obesity or for patient weight loss is not based upon any governmental determination that hCG is effective for such use.

The use of hCG to treat obesity or for use in a medical weight loss treatment combined with a low carbohydrate, low fat and low sugar diet with recommended exercise is not an FDA approved use of hCG. It is prescribed at the discretion of Dr. Walters based upon his clinical assessment of the patient's medical complaint, medical history, physical examination results and diagnostic laboratory report combined with the perceived benefit to be derived by the patient from the hormone when combined with a healthy diet plan and exercise.

RejuveGenics hCG Weight-Loss System closely follows the protocol found in Dr. Simeons' book, *Pounds and Inches*. Weight management is a serious medical condition and everyone should expect reasonable results without assuming that any program will provide rapid, dramatic, incredible or magical results. No product, medication or supplement can guarantee safe weight loss and every weight loss program must follow an approved diet and exercise program. It is for this reason that we recommend and require detailed blood work and testing, complete medical histories and exams prior to using any weight loss product. CBC and CMP labs are the

minimum labs required to begin the program. Additional labs may be required depending on the pre-existing medical condition of the patient. A basic physical exam by your primary care physician is also required to participate in the program.

Dr. Walters requires that you be seen in the clinic regularly in order to closely monitor your progress and to assist you to achieve maximum results with the *hCG Weight-Loss System*. Exceptions to this rule are made by Dr. Walters on a case-by-case basis.

All patients agree to gain a minimum of 5 lbs the week prior to beginning their first hCG injection in order to insure their appetite is fully suppressed by the end of the first week of hCG treatment.

You are required to keep a daily log that is provided for you. You are to bring the completed log with you to each visit. If you fail to fill out your log daily and do not bring it with you to each visit you will not be allowed to receive any additional hCG. You will also need to bring a small cooler with an ice pack to each visit to transport the hCG back to your home where the hCG will need to be stored in your refrigerator when not being used. You are also required to return all used needles in a hard container (but not the syringes) to the clinic for proper disposal.

By signing this disclaimer, you are indicating that you understand the statements and comments above and agree to participate in the program. You understand that there are risks associated with any medical and/or nutritional program and accept liability of participating in this respective program. You agree that if there are any adverse responses to any medical or nutritional interventions, we reserve the right to discontinue the program therein ceasing any risk and adversity to you.

Signature _____

Print _____

Date _____

Witness _____

ADDITIONAL NOTE:

I UNDERSTAND THAT THERE ARE NO REFUNDS FOR PRE-PAID MEDICAL SERVICES OR PROGRAMS. FURTHERMORE, THERE ARE NO REFUNDS FOR ANY SUPPLEMENTS, DURABLE ITEMS OR ANY PRESCRIPTION PRODUCTS PURCHASED FROM THE CLINIC.

Signature _____

Print _____

Date _____

Witness _____